

## Massage

Ease away muscle tension and feel revived – pure relaxation!

<b>Full Body</b> – 50 minutes	<b>£25.00</b>
<b>Half Body</b> – 25 minutes	<b>£15.00</b>
<b>Head, Neck and Shoulder</b> – 30 minutes	<b>£20.00</b>
<b>Neck and Shoulder</b> – 25 minutes	<b>£15.00</b>
<b>Full Leg</b> – 25 minutes	<b>£15.00</b>
<b>Cellulite Buster</b> – 20 minutes	<b>£15.00</b>

Breaks down the dimpled effect under your skin by flushing out toxins. Notice the difference after just one treatment. For long lasting results a course of 6 is recommended (1 per month).

## Male Grooming

<b>Deep Cleanse and Relaxation Facial</b> - 1 hour	<b>£20.00</b>
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Deep cleanse to draw out impurities, exfoliation, face mask, head, face and neck massage. Moisturise and eye cream.

<b>Eyebrow Tidy</b>	<b>£6.00</b>
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Remove stray hairs from above, below and in-between the brow.

## Waxing

<b>Back</b>	<b>£18.00</b>	<b>Chest</b>	<b>£18.00</b>
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## Young Grooming

The following treatments are designed for younger clients up to the age of 16. All treatments are suitable for sensitive skin.

<b>Mini Facial</b> – 30 minutes	<b>£10.00</b>
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Skin analysis to determine skin type. Cleanse, tone, exfoliation, face mask, mini massage and moisturise.

<b>Deep Cleansing Back Treatment</b>	<b>£20.00</b>
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A gentle exfoliation and back 'mask' to help improve the appearance of troubled skin.

<b>Manicure</b>	<b>£8.00</b>
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Cuticle tidy, nail shaping and polish.

<b>Pedicure</b>	<b>£10.00</b>
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Cuticle tidy, nail shaping. Exfoliation and polish.

<b>Eyebrow Tidy</b>	<b>£4.00</b>
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To shape the brow and remove any stray hairs.

<b>Back and Shoulder Massage</b>	<b>£12.00</b>
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## The Spa Package

Experience the tranquillity and relaxing atmosphere of a health spa on your doorstep with our mini spa days. 3 hours of relaxation and pampering.

### Each guest will receive the following:

Three 30 minute Treatments of your choice  
(Massage, Facial, Manicure or Pedicure)

A returnable bath robe

Relaxing Spa music to unwind to

3 hours of relaxation

Tea or Coffee upon arrival

Selection of Herbal Tea's

A Fruit Platter

Lunch or Afternoon Tea

10% off their next appointment

**PLUS** The Party Organiser will receive a free gift on departure

**£45 per guest**

(deposit required)

Hire out our Salon exclusively for your party  
**- please ask for details**

Ask about our 'Little Princess' Birthday Parties 7 – 16 years £25.00 per 'Princess'

Why not book a Spa Experience for:

Mother and Daughter

Hen Parties

Pre Wedding Pampering

Girlly Days

Mum to Be

Or just for yourself

**Ask for more details**



## OPENING TIMES

Monday	12 – 6pm
Tuesday	10 – 6pm
Wednesday	10 – 2pm
Thursday	10 – 8pm
Friday	9 – 8pm
Saturday	8 – 2pm
Sunday	Closed

Appointments available outside of these times

**Gift Vouchers Available**

**07584 659409**

[www.aphrodites-salon.co.uk](http://www.aphrodites-salon.co.uk)

Email: [suespears@aphrodites-salon.co.uk](mailto:suespears@aphrodites-salon.co.uk)

29 Park Street, Chatteris,  
Cambridgeshire PE16 6AD

April 2011

## Manicures – includes polish

Add £5 for French Polish or NSI Polish Pro

**Manicure** £14.00  
Includes nail and cuticle care with hand and arm massage, nail shape and buff.

**Luxury Manicure** £21.00  
Includes paraffin wax, which hydrates the skin and is extremely beneficial to dry, chapped hands and leaves them moisturised and nourished.

**Deluxe Sea Salt Manicure** £20.00  
Includes an exfoliation using sea salt and essential oils, leaving your hands super soft and 10 years younger.

**NSI Polish Pro** £18.00  
Soak off and re-polish or Conditioning Treatment.

## Gel Nails

**Full Set with Tip** £32.00  
**Re Gels** (2-3 week maintenance) £20.00  
**Tip Replacement** (each) £4.00  
**Gel Overlays with French Tip** £30.00  
**Gel Overlays including Gel Polish** £20.00  
**Soak Off and Conditioning Treatment** £18.00

## Pedicure – includes polish

Add £5 for French Polish or NSI Polish Pro

**Pedicure** £18.00  
Includes nail and cuticle care, exfoliation and calf and foot massage.

**Luxury Pedicure** £21.00  
Includes paraffin wax, which hydrates the skin and is extremely beneficial to dry, chapped feet and leaves them moisturised and nourished.

**Deluxe Sea Salt Pedicure** £22.00  
A spa treatment using essential oils and sea salt to hydrate and soften the skin, leaving your feet incredibly smooth and soft to touch.

**NSI Polish Pro** £18.00  
Soak off and re-polish or Conditioning Treatment.

**Body Wrap** **Half Body** £25.00  
**Full Body** £35.00

Lose inches whilst wrapped in a thermal cocoon of Natural Organic Clays. This treatment will soothe tired aching muscles, leaving your skin smooth and tightened plus you will be several inches smaller.

**Body Polish – 25 minutes** £20.00  
The natural dead sea salts are infused with essential oils and dissolve quickly leaving skin feeling soft and nourished. This treatment removes dead skin cells and reveals radiant skin.

## Teeth Whitening

**20 minute Brightener** £75.00  
**40 minute Deep Stain Remover** £125.00  
**Additional 20 minute treatments\*** £50.00

Spa White attacks and removes even deep stains that have accumulated in tooth enamel over the years, meaning most customers see an improvement of up to 8 shades. If you are a smoker, like red wine, curries and coffee, Spa White really will make a difference to your teeth.

\*Heavily stained teeth may need a further 20 minute treatment recommended to be taken up to 7 days after the first Deep Stain Remover.

## Spray Tanning - by Sienna X

An even natural Tan in just 10-minutes without the danger of UVA's

**Full Body** £20.00  
**Body Polish and Full Body Tan** £37.00

## Make Up

**Wedding** (inc free trial)\* £25.00  
**Day or Evening Make-Up** £15.00  
**With False Eye Lashes** £20.00  
**With Lash Enhancers** £30.00

\*We can come to your home on your wedding day please ask for details.

## Facials

Eve Taylor, an aromatherapy based skin care range, containing no mineral oil, alcohol or artificial fragrances – just beautiful products for beautiful results.

**The Enzyme Peel Signature Facial** £35.00  
– 60/75 minutes

Made with organic fruit this intensive treatment breaks down the skin cells – helping to increase collagen and elastin production for a healthier, younger looking complexion. Cleanse, enzyme peel, pressure point massage, masque, face oil, tone, serum, moisturise and eye gel. Suitable for all skin types.

**The Bio Cream Exfoliant Signature Facial** £35.00  
– 60/75 minutes

Made with fruit acids and coconut fatty acids this gentle exfoliating medium retextures the skins surface and aids regeneration, highly recommended as an anti-wrinkle treatment. This facial also helps fade pigmentation and age spots. Cleanse, bio cream exfoliant, pressure point massage, masque, face oil, tone, serum, moisturise and eye gel. Suitable for all skin types.

**The Express Facial – 45/60 minutes** £25.00

A tailor made facial using a unique facial brush which follows the contours of your face to tone and massage as we cleanse removing all impurities, exfoliating scrub, pressure point massage, cream masque, facial oil, toner, moisturise and eye gel. A superb facial leaving skin deeply cleansed and radiant.

**Lip Contour Masque – 25 minutes** £16.00

The natural properties in this masque work together to draw out toxins, improve circulation, soothe, firm and tighten the tissues resulting in a velvety luster and a bright, rehydrated complexion.

**Relaxation and Luminous – 45/60 minutes** £20.00

Cleanse, tone, exfoliate, face mask, massage to remove toxins and create a luminous glow. Moisturise and eye cream.

**Rockweed Seaweed Anti-Ageing Facial** £25.00  
– 1 hour

Cleanse, tone, exfoliate, seaweed face mask rich in minerals known to improve the skin's texture by penetrating deep into the skin with a tightening effect. Neck, face and eye massage to remove toxins and create a luminous glow. Moisturise and eye cream.

## Eye Treatments

Make an impact by enhancing and improving your eye area

**Eyelash Tint** £10.00

Enhance your eyes and define your lashes in black, brown or blue-black.

**Eyelash Perming** £16.00

Enhance your lashes and give the appearance of bigger eyes.

**Eyebrow Tint** £6.00

Enhance your brows by adding subtle colour to define them.

**Eye Rescue** £12.00

Give your eyes some TLC with this 20 minute treatment to hydrate, revitalize and improve dark circles.

**Eve Taylor Eye Contour Masque** £16.00

A marine collagen based masque which provides an anti-puffiness action, smoothing out wrinkles and firming the skin. This 25 minute treatment will leave your eyes feeling and appearing more luminous, bright and refreshed.

## Waxing

<b>Full Leg</b>	<b>£18.00</b>	<b>Half Leg</b>	<b>£12.00</b>
<b>Bikini Line</b>	<b>£8.00</b>	<b>Eyebrow</b>	<b>£5.00</b>
<b>Chin</b>	<b>£5.00</b>	<b>Lip</b>	<b>£5.00</b>
<b>Underarm</b>	<b>£7.00</b>	<b>Full Arm</b>	<b>£11.00</b>
<b>Fore Arm</b>	<b>£8.00</b>		